

# **90 Day D.E.A.L.S. Challenge**

## **(Defeating Entrapped and Losing Spirits)**

Having a working platform gives an individual a far greater chance at success. To that end we invite you to jumpstart your D.E.A.L.S. program by accepting the challenge to complete the platform below with intentionality over a 90 day stretch.

### **1. Mindset**

- A. Complete **the minimum** of 10 minutes of daily meditation (15 hours over 90 days)
- B. Complete **the minimum** of reading at least 1 book that focuses on self-help/development
- C. Complete **the minimum** of 2.5 hours per week of educational training that focuses on learning about, developing and/or enhancing a skillset that aligns with your goals. This can be done through podcast, youtube, e-courses, extending learning, etc.

### **2. Ministry**

- A. Be faithful in worship, bible study, evangelizing, serving & tithing
- B. Sow a first fruit seed
- C. Engage ministry imperatives as highlighted within the brand of the ministry

### **3. Movement**

- A. Pinpoint/write down specific areas you need to close deals in
- B. Pray and develop a strategy or strategies to achieve that desire
- C. Implement the strategy

## **REMEMBER TO HAVE FAITH**

**Note:** We will be developing a resource page where I along with yourself will be able to upload resources that we've found helpful that could be useful to the community. Click the download/add resource tab.