



Lesson 4

The Call to Communication

Student's Edition

Definition of Prayer: Intentional conversation with God that builds relationship, brings alignment, and releases power.

Greek Word: Proseuchē – prayer, worship, a direct address to God. The word combines pros (toward) and euchomai (to wish, to will, to vow), suggesting both direction and devotion — an intentional turning of one's inner desires toward God.

Five Essentials of Prayer

1.

Sticky Statement: Prayer _____ with how you come to God.

Text: Matthew 6:9-“Pray then in this way: Our Father in heaven, hallowed be your name.”

Notes:

2.

Sticky Statement: Prayer should lead your heart towards _____ with God's will.

Text: Matthew 6:10-“Your kingdom come. Your will be done, on earth as it is in heaven.”

Notes:

3.

Sticky Statement: God _____ you to bring your needs to God without shame or hesitation.

Text: Matthew 6:11-“Give us this day our daily bread.”

Notes:

4.

Sticky Statement: Prayer keeps your _____ clean by confessing and forgiving.

Text: Matthew 6:12-“And forgive us our debts, as we also have forgiven our debtors.”

Notes:

5.

Sticky Statement: Prayer is not _____ from the world—it’s power to move forward in it.

Text: Matthew 6:13-“And do not bring us to the time of trial, but rescue us from the evil one.”

Notes:

Homework

- Read Matthew 6:9–13 daily.
- Pray through each step this week, focusing on both intimacy and reverence.
- Watch the video version of this lesson.
- Journal using the 4-part reflection prompts from each step/point.
 - A. What were your key takeaways from this step/point?
 - B. How does your life relate, or has related specifically to this step/point?
 - C. With extreme honesty, can you truly say that you’ve graduated from this step/point? If the answer is yes, please detail how. If the answer is no, detail your trouble areas.
 - D. If you have graduated from this step/point, what are some ways you can help others with this step/point? If you have not graduated from this step/point, what are you willing to do that you may graduate?
- Identify one area of your life where you need alignment with God’s will and intentionally pray for it each day.